

## INFORMATION FOR RUNNERS and Advice for Supporters and Spectators

### Welcome to the 2022 Boston Marathon events.

This information is to help you enjoy the day and remain safe on the flattest marathon course in the country! Our plans have been shaped by the changing situation of the pandemic, and although by April we should be in a better place, we will continue to mitigate some of the remaining risk.

### Advice for Supporters and Spectators

We no longer discourage spectators and supporters; if this changes then please follow Government guidance and your own instinct for self-preservation. We ask you to respect the separate areas marked for participants and spectators/supporters.

**Parking** Boston Market Place is closed to traffic from 7:30 - 10am. Please use the central town car parks, closest to the Central Park. Parking charges are shown in each location but are much reduced for Sunday and Bank Holiday. **The College (finish area) is closed to all traffic.** Bag drop facilities are to remain in the assembly area so you are advised to leave bulk items in your car.

### RUNNERS

**Assembly Area.** The assembly areas are in the **Central Park** close to the Market Place where the Start is located. The chart below indicates the time and which assembly area to go to. Please wear your number prominently on the front of your running dress.

Runner Numbers	Assembly Area	Latest Time	Escorted to Start	Under Starters Orders
<b>FULL MARATHON.</b> Please arrive no earlier than 7:00am				
1001 - 1250	<b>A</b>	7:50am	8:00am	8:10am
1251 - 1500	<b>B</b>	8:00am	8:10am	8:20am
1501 - 1750	<b>C</b>	8:10am	8:20am	8:30am
1751 - 2000	<b>D</b>	8:20am	8:30am	8:40am
<b>HALF MARATHON.</b> Please arrive no earlier than 8:00am				
3001 - 3250	<b>B</b>	8:50am	9:00am	9:10am
3251 - 3500	<b>C</b>	9:00am	9:10am	9:20am
3501 - 3800	<b>D</b>	9:10am	9:20am	9:30am
<b>FUN RUN 5.26km</b> Please arrive no earlier than 9:00am				
401 - 520	<b>C</b>	9:30am	9:40am	9:50am

**Covid mitigation in the Assembly and Start Areas.** Face coverings are not required in the assembly or start, but if worn (personal choice) there are bins at the 300m roadside for disposal of face masks if required. Fresh paper masks will be available at the finish

**Registration.** You do NOT have to register on arrival. Once the event is started, going through the start arch with a race chip registers your presence and starts your personal timing. There is a race control in the Assembly Area to resolve any difficulty such as non-arrival or loss of the race pack.

**Route and Carparks** The route map and Carpark maps are available for download on our website at [www.bostonmarathon.co.uk/route](http://www.bostonmarathon.co.uk/route). The three events share mostly common routes.

**Toilet Facilities.** These are in the Assembly Area **not** at the Start. The single cabin there is for the admin team!

**Start.** The start point is in the Market Place for all three events. Ensure you are in the correct group in your assembly area at the correct time. Marshalls are in each area. A motorcycle escort will lead you to the starting point and for the first mile.

**Route Marking** The route is well marked with signs and additional on road markings, in BLUE (Full Marathon); RED (Half Marathon) and GREEN (Fun Run). (Your number uses the same colour scheme). Marshals are located at each junction where turns are made.

**Route Deviations.** The **Fun Run** turns **right** off the Full Marathon route after 1.66 miles, and re-joins it a further mile on. The turning is well signposted and a traffic marshal present. After drinks station 2 the **Full Marathon** branches to the **left**, whilst the **Half Marathon** continues and turns right at the Five Bells Inn. Half a mile later the Half Marathon re-joins the Full route.

**Toilet Facilities.** Toilets are available at the assembly and finish points, and water stations.

**Medical Facilities.** Medical first aid facilities are at the control, with mobile facilities (ambulances) on the course. There are first aid personnel on the course. There is a dedicated emergency radio at each water station and through the marshals and outriders.

**Water.** Still water in bottles with sports tops is provided at drinks stations (may be 500ml or 330ml). Please throw used bottles and litter into the bins located after the water points.

**Personal sound systems.** The course is open to traffic, so please do not wear earphones; only bone conduction headphones are permitted under UKA rules

**Finish Area** Spectators should not enter the finisher's enclosure, immediately after the finish arch. Runners should wear your number to claim medal and T-shirt: head for the issue point showing the t-shirt size you require. There is no facility to try on a T-shirt so check the online size chart before the race. You may also have a t-shirt from previous years. Runners should greet supporters after leaving the enclosure, where a backdrop for photographs is located. Leave the college grounds by the signposted route back to the town centre (1km).

**WINNERS and PRIZES** Because of the Wave Start and mitigation requirements the results will not be declared at the close, and there will be no formal presentations. Winners will be published on our website and prizes sent by post. Bank transfer is available if requested.

**Showers.** Showers are available at the sports centre, signposted from the finish area.

**Meet and Greet** A meet and greet will be established on Sunday evening from 6pm to 8pm, at the iconic Stump Church Café adjacent to the start. Members of the organising association will be present to assist or answer any questions. Collection of race packs for overseas runners will be available there, or at the control centre on Monday

**Bag drop.** There will be a small open-air compound in the assembly areas with security personnel to supervise. Items left must be labelled with the part adjacent to the runner number (a tear off label is printed on the race number). Whilst we will take every care of your property we cannot be liable for loss or damage.

**Spectators and Supporters.** Runners are urged to ask their supporters not to take vehicles onto the course, and under no circumstances are they to follow or otherwise accompany runners in any form of wheeled vehicle (cars, cycles etc). Runners may be liable to disqualification if the action of their supporters causes danger or obstruction to other runners or organisers.