**INFORMATION FOR RUNNERS and Advice for Supporters and Spectators**

Welcome to the **2025 Boston Marathon events.**

This information is to help you remain safe and enjoy the day on the flattest and friendliest marathon course in the country.

**Event Start Timings are as follows:**

* 8am: Full Marathon. The Market Place PE21 6NN
* 8:15am 10km. Park Gate PE21 6PH
* 8:30am Half Marathon The Market Place PE21 6NN
* 8:45am 5km Fun Run Park Gate PE21 6PH

ENSURE YOU ARE AT THE START 10 MINUTES BEFORE THE TIME SHOWN

**Registration**

You do NOT have to register on arrival. Once the event is started, going through the start arch with the race chip registers your presence and starts your personal timing. Please wear you number prominently on the front of your running top.

**Race Pack**

If you have not received your race pack don’t worry, there are two ways to collect it. We will also be able to assist with any questions.

* Meet & Greet on Saturday 12th April between 5pm – 7pm at St Botolphs church café in the Market Place.
* Visit the admin desk in the Market Place on race day from 7am

**Parking**

Boston Market Place is closed to traffic from 7:30 - 10am. Please use the central town car parks, closest to the centre. Parking charges are applicable so please have change ready.

The finish – Boston College is closed to all traffic.

**Bag drop facilities**

There is one area for bag drop for all 4 races and that is in the Market Place from 7am – 8.15am. Bags will then be transported to the finish area. All bags must be labelled with a label which the bag drop lorry will have, they will then provide you with a wristband which will match the number of your bag. Whilst every care will be taken of your property, we cannot be liable for any loss or damage.

You will show your wristband at the finish and your bag will be returned to you.

**Toilet Facilities**

Toilet facilities will be available in the Market place, Central Park, water stations and at the finish.

**Advice for Supporters and Spectators**

We love it when supporters and spectators come along to encourage runners and kindly ask that they respect the separate areas marked for runners and supporters. This is to keep secure the administration and to avoid any confusion for runners/marathon volunteers and security.

Please do not take vehicles onto the course to accompany runners in any form i.e car/cycle etc this is dangerous and can cause obstructions to other runners/organisers/volunteers. Runners may be liable to disqualification if the action of their supporters causes danger or obstruction to others.

The route maps and car park maps are available for download on our website at [www.bostonmarathon.co.uk/route](http://www.bostonmarathon.co.uk/route). The four events share common routes. Each route is well marked with signs and road markings, BLUE (Full Marathon), RED (Half Marathon), GREEN (10K) and YELLOW (Fun Run). Your number uses the same colour scheme.

Marshall’s are located at each junction where turns are made. After 4 miles, just past water station B the Full Marathon branches to the left, the Half Marathon continues straight and turns right at the Five Bells Inn. Half a mile later the Full Marathon rejoins the Half route.

The 10K turn right off the Full Marathon route after 1.6km and rejoins it around 1km from the finish. It is also on the full marathon route but running the opposite direction between 3 and 5km. The turnings are well signposted in Green with traffic marshalls to guide you.

The Fun Run also turns right off the Full Marathon route after 1.6km and rejoins it around 3.5km. The turnings are well signposted in yellow and a traffic Marshalls to guide you.

 **Medical Facilities**

Medical first aid facilities are at the control point at the finish with ambulances on the course. There are first aid personnel on the course and a dedicated emergency radio at each water station and also with the Marshalls and motorbike volunteers.

**Water**

Still water in 500ml bottles with sports tops is provided at water stations. Please throw used bottles and litter into the bins located after the water stations.

**Personal sound systems**

The course is open to traffic, so please do not wear earphones which block outside sounds, only bone conduction headphones are permitted under RunEvents rules.

**Finish Area**

Runners should wear their number to receive your medal and T-shirt.

Bags can be collected from this area. There will be area within the marquee should you wish to change your clothing. Showers are available at the sports centre, this will be signposted on leaving the finish area.

Spectators should not enter the finisher’s enclosure, immediately after the finish arch. Runners can greet their supporters after leaving the enclosure, where a backdrop for photographs is located.

Please leave the college grounds by the signposted route back to the town centre.

**Winners and prizes**

There will be a formal presentation for outright winners in the finish area. However, more time to collate age related prizes is required so these will be published on our website and social media pages and prizes will be arranged by Bank Transfer.

**We hope you all have an amazing day !**