

The Wave Start 2022 - did you work it out?

The Wave Start facilitates Social Distancing at the start, on the course, and at the finish, providing mitigation against any potential Covid carriers.

At the start, because there is no need to 'race' through the starting arch; everyone has electronic tab personal timing.

On the course, the fastest runners draw away and the marathon is quickly spread over a greater distance.

At the finish, as the flow into the finishing area is evenly distributed crowds are reduced.

The Market Place is suited to groups of up to 250 to maintain good separation.

The interval between waves is 10 minutes following assessment of traffic flow on the one main route through town which is crossed by the runners. Traffic is stopped for their crossing, and then cleared before the next group can proceed.

The Groups.

The spreadsheet for each event was sorted against estimated timing. The first 250 (approximately) was allocated to Group A, the next 250 to Group B, and so on. Approximately, because it would be unreasonable if two people with the same estimate were placed in different groups if they had trained together or are otherwise in the same bubble.

The Timing Splits

Runner Numbers	Assembly Area	Latest Time	Escorted to Start	Under Starters Orders
FULL MARATHON. Please arrive no earlier than 7:00am				
1001 - 1250	A	7:50am	8:00am	8:10am
1251 - 1500	B	8:00am	8:10am	8:20am
1501 - 1750	C	8:10am	8:20am	8:30am
1751 - 2000	D	8:20am	8:30am	8:40am
HALF MARATHON. Please arrive no earlier than 8:00am				
3001 - 3250	B	8:50am	9:00am	9:10am
3251 - 3500	C	9:00am	9:10am	9:20am
3501 - 3800	D	9:10am	9:20am	9:30am
FUN RUN 5.26km Please arrive no earlier than 9:00am				
401 - 520	C	9:30am	9:40am	9:50am

The Fun Run comprises a single group of 150 and does not require separation.

Changes to Groups

Requests for change can and have been granted based on revised or amended estimated times, Late entrants will have numbers outside of the series above, but may request to run with the similar paced groups. All changes are authorised by email, which should be printed and brought to the marshal if requested. Control may move groups of runners to maintain group size if there is a smaller number of attendees. This will give flexibility to the control of traffic flow on the main road. Slower runners should not request move to a faster group.